

Pool Rules

1. Children under 6 must be accompanied by an adult at all times. Children under 8 must be supervised at the pool.
2. Swimming is only allowed with lifeguards present. There is a 15-minute break every day where lifeguards will not be present on the guard stand. During this time, public swim is not allowed.
3. Lifeguards are in charge. Lifeguards have the authority and responsibility to maintain safe conditions. Therefore, if pool rules are violated repeatedly, they may request the individual to leave the pool and poolhouse.
4. Walking only near the pavement/edges of the pool. Running is permitted on the grass as long as space/crowds allow.
5. No flotation devices (noodles, lifejackets, etc.)
6. No glass permitted in the pool area.
7. No rough play allowed.
8. Anyone under the age of 15 must pass a deep water test to swim to swim independently in the deep end of the pool. Anyone under the age of 15 who has not passed the test must be accompanied (1:1 ratio) by an adult over 18 who is within arm's reach at all times.
9. Diving boards may be used one at a time and patrons must jump straight off the end (not to the sides)
10. Head-first entry into the pool is not permitted anywhere except the diving boards.
11. NO FIGHTING. Minimum penalty is immediate one-week suspension.
12. No alcohol, tobacco, or other drugs permitted.

These rules keep everyone safe! Please respect them and our guards so we can all have fun swimming at the pool. Lack of consideration for pool staff or rules will result in immediate dismissal from the pool area.

Deep Water Test

Available: Monday, Wednesday, Friday 2:45, and by request when staffing allows.

- Swim on Front 25 yards. (across pool)
- Short rest on side (5-8 seconds maximum)
- Swim front crawl 10-12 yards (1/2 way across)
- Roll onto back
- Swim on back 10-12 yards (1/2 way across)
- Tread water for 1 minute.
- Jump off diving board and swim to the ladder to exit the pool.

Criteria:

Guards watch for horizontal body positioning, face in the water, a linear path, ease of movement and comfort in deep water. Final pass/non-pass decision is based on lifeguard discretion. If a guard feels that a child is too tired or weak after completing any step of the test, the child may be asked to remain in the shallow end and encouraged to try the test again in one week.



WATERBURY POOL *SUMMER 2026*

Physical Address:

25 Butler Street
Waterbury, VT

Phone: 802-244-6340
(in-season)

Recreation Director: Erika Linskey
elinskey@waterburyvt.com

Pool Director: Heather Lessor
hlessor@waterburyvt.com

Hours & Fees

Opening: Monday, Jun 22, 2026

Closing: Saturday, Aug 22, 2026

Hours:

Mon, Tues, Wed, Fri

General Swim: 10:00AM - 7:30PM

Thursday

General Swim: 10:00AM - 4:30PM

Shallow End Only: 4:30PM - 7:30PM

Saturday

Swim Lessons: 9:00AM - 11:00AM

*There is always one lane reserved for adult lap swim during general swim hours.

Fees:

Daily Fee: Single - \$5, Family - \$20

Resident Season Membership:

Single: \$80

Family: \$110

Senior/Student: \$80

Non-Resident Season Membership:

Single: \$120

Family: \$165

Senior/Student: \$80

Swim Lessons

The Town of Waterbury is a proud provider of American Red Cross Swimming Lessons. The Red Cross has developed swim lessons for children and adults that allow everyone the opportunity to learn in a safe environment, at their own pace. Swim lessons are taught by certified instructors who can help swimmers at every level feel comfortable in the water and progress to the next level.

Parent & Child - The purpose of parent & child swimming lessons is to familiarize children between the ages of 6 months and 3 years with the water and teach swimming readiness skills, provide safety information to parents and teach techniques to help parents orient their child to water. (Similar to Star Babies)

PreK - The purpose of preschool aquatics to help familiarize children aged 4-5 with the aquatic environment and support them in developing positive attitudes and safe practices in and around the water, as well as introduce rudimentary aquatic skills. (Similar to PreK White/Red)

Learn to Swim Levels 1 -6 - Starting from Introductory Water Skills to Stroke Development, The Learn-to-Swim program for children ages 6 to 12 is designed to build skills step by step. By allowing students to master one skill before moving on to the next, our swim classes help kids gain confidence in the water with every lesson.

You can read more about the swim lesson levels on our website. (waterburyvt.myrec.com)

Additional Opportunities:

Waterbury Rapids - Independent swim team program

Lesson Schedule

Session 1:

Dates: June 22 - July 3

Session 2:

Dates: July 6 - July 17

Session 3:

Dates: July 20 - July 31

Session 4:

Dates: August 3 - August 14

Saturday Sessions:

Dates: June 27 - August 15

Levels:

Parent & Child, PreK,
Learn to Swim #1 - #6

Swim Lesson registrations are 50% off with a Family Pool Membership. Family Pool Memberships must be purchased prior to swim lesson sign up. Discount does not apply to members not in the immediate family and is not transferrable to off-season lessons.