

POOL RULES

1. Children under 6 must be accompanied by an adult at all times. Children under 8 must be supervised at the pool.
2. Swimming is only allowed with lifeguards present. There is a 15-minute lifeguard break every day where lifeguards will not be present on the guard stand. During this time, public swim is not allowed
3. Lifeguards are in charge. Lifeguards have the authority and responsibility to maintain safe conditions. Therefore, if pool rules are violated repeatedly, they may request the individual to leave the pool and poolhouse.
4. Walking only near the pavement/edges of the pool. Running is permitted on the grass as long as space/crowds allow.
5. No flotation devices (noodles, lifejackets, etc.)
6. No glass permitted in the pool area.
7. No rough play allowed.
8. Anyone under the age of 15 must pass a deep water test to swim independently in the deep end of the pool. Anyone under the age of 15 who has not passed the test must be accompanied (1:1 ratio) by an adult over 18 who is within arm's reach at all times.
9. Diving boards may be used one at a time and patrons must jump straight off the end (not to the sides).
10. Head-first entry into the pool is not permitted anywhere except the diving boards
11. NO FIGHTING. Minimum penalty is immediate one-week suspension.
12. No alcohol, tobacco, or other drugs permitted.

These rules keep everyone safe! Please respect them and our guards so we can all have fun swimming at the pool. Lack of consideration for pool staff or rules will result in immediate dismissal from pool area.



DEEP WATER TEST

Monday, Wednesday, Friday 2:45, and by request when staffing allows.

- Swim on Front 25 yards (across pool)
- Short rest on side (5-8 seconds maximum)
- Swim front crawl 10-12 yards (1/2 way across pool)
- Roll onto back
- Swim on back 10-12 yards (1/2 way across pool)
- Tread water for 1 minute
- Jump off diving board and swim to the ladder to exit pool

Criteria: Guards watch for horizontal body positioning, face in the water, a linear path, ease of movement and comfort in deep water. Final pass/no-pass decision is based on lifeguard discretion. If a guard feels that a child is too tired or weak after completing any step of the test, the child may be asked to remain in the shallow end and encouraged to try the test again in one week.

WATERBURY POOL SUMMER 2025

Physical Address:
25 Butler Street
Waterbury, VT

Phone: 802-244-6340 (in-season)

Recreation Director: Katarina Lisaius

klisaius@waterburyvt.com
Pool Director: Heather Lessor
pool@waterburyvt.com

HOURS OF OPERATION

Opening Day: Monday, June 23, 2025

Closing Day: Saturday, August 16, 2025

Hours:

Monday, Tuesday, Wednesday,
Friday

General Swim: 9am - 7:30pm

Thursday

General Swim: 9am - 4:30pm

Saturday

Swim Lessons: 9am - 11am

*There is always one lane reserved for adult lap swim during general swim hours.

Fees:

Daily Fee: Single - \$5, Family - \$20

Resident Season Membership:

Single: \$80

Family: \$110

Senior/Student: \$80

Non-Resident Season Membership:

Single: \$120

Family: \$165

Senior/Student: \$80

SWIM LESSONS

The Town of Waterbury is a proud provider of Starfish Swimming Lessons, a nationally certified swim instruction curriculum! Starfish Swimming curriculum is designed for students ages 6 months to adult and benchmarks are established at each stage of the program that include swimming AND safety skills.

AGE 6 MONTHS – 3 YEARS OLD:

StarBabies & Tots – The purpose of this course is to develop a high comfort level in the water with young children, and an accompanying adult.

AGE 3 – 5 YEARS OLD:

Pre-K White/Red & Pre-K Yellow/Blue - Designed to meet the needs of children ages 3 – 5, the course will develop a high-comfort level in the water and a readiness to swim. For swimmers who are developmentally ready, it will teach functional swim skills.

AGE 5 - 12 YEARS OLD:

Youth Red, Youth Yellow, Youth Blue, & Youth Green - Suited for participants who are comfortable in the water and have swim skills. Various levels will address submerging, floating, swim extended distances, and treading water.

You can read more about the swim lesson levels on our website.

Additional Opportunities:

Starfish Stroke School - Best suite for participants who have passed the deep water test and wish to continue stroke development.

Waterbury Rapids - Independent swim team program.

SWIM LESSON SCHEDULE

Session 1

Dates: June 23 - July 3

Session 2

Dates: July 7 - July 18

Session 3

Dates: July 21 - August 1

Session 4

Dates: August 4 - August 15

Saturday Sessions:

Dates: June 28 - August 16

Levels: Starbabies, PreK White/Red, PreK Yellow/Blue, Youth Yellow, Youth Red, Youth Blue, Youth Green, Stroke School

Swim lesson registration are 50% off with a Family Pool Membership. Family Pool Memberships must be purchased prior to swim lesson sign-up. Discount does not apply to members not in the immediate family and is not transferrable to off-season lessons.